

KS5 PD LTP			
	Year 12		Year 13
	Autumn half term-1		Autumn half term-1
Careers	Students revisit Unifrog and update their interest quizzes and profiles, continuing to explore career avenues that are of interest to them. There is directed focus on navigating around Unifrog to ensure students are competent in exploring the database.	Careers	Students revisit Unifrog and update their interest quizzes and profiles, continuing to explore career avenues that are of interest to them. There is directed focus on navigating around Unifrog to ensure students are competent in exploring the database.
Health and wellbeing	<ul style="list-style-type: none"> • Class A Drugs (2 hours)-Identify the dangers of Class A Drugs and the harm they can cause. Describe how anyone can become addicted to drugs. • Class B Drugs- Identify the dangers of Class B Drugs and the harm they can cause. Describe arguments on both sides of a controversial PSHE debate. • Class C Drugs- Identify the dangers of Class C and prescription drugs and the harm they can cause. Describe the effects on the body and mind and teach others about drug abuse • Relaxation- Identify why many students struggle with relaxation and identify some healthy ways we can relax and de-stress. <p>Students will also take part in dream placement sessions during this time.</p>	Careers, finance and independence	<ul style="list-style-type: none"> • Motivation and work ethic- Identify what motivation is and how we can show it. Identify how we can motivate ourselves and improve our work ethics. • Initiative- Describe what initiative is and how we can use it. Engage in activities to identify and assess different contexts for using initiative and being enterprising in practical contexts. • Problem solving- Describe the key skills involved in problem-solving, as well as the definition of problem-solving. • Leadership skills- Describe what leadership skills are and how we use them. • Personal Branding- Identify the key elements of online presence or 'branding' and how to improve our own. • Personal statements: extra-curricular activities- Identify the key extracurricular interests we have and how they show our personalities and attitudes. Add these to our personal statements. • How to revise.
Tier 2/ Tier 3 vocabulary	Infection, vaccination, zoonotic, pathogen, microbe.	Key words	Self-management, Motivation, Employability, Initiative, Being enterprising, Problem-Solving, Employability, Leadership Skills, Online Presence, Digital Footprint.
Cross curricular links	Links to what students have previously learnt about drugs in science.	Cross curricular links	
Career opportunities Employment Links	Drug councillor. Careers in addiction and mental health support.	Career opportunities and employment links	Careers in management and leadership. Being self-employed.

	Autumn- half term-2		Autumn half term 2
Social action project.	<p>"A Call To Social Action" is a community-oriented initiative supported by mentors from local businesses, targeting young people aged 15 to 18 across Cumbria. The project encourages small groups to identify and address community needs through a 4-week social action program. Mentors guide the groups in project development, presentation, and implementation. The winning group is recognized as the "Social Action Champion" and receives £400 of Dreamscheme money. This initiative not only addresses community needs but also provides significant employability benefits by meeting Gatsby benchmarks, fostering aspiration, and exposing participants to various career pathways through mentor interactions.</p> <p><i>Key Features:</i></p> <ol style="list-style-type: none"> 1. Mentor-supported social action projects addressing community needs. 2. Presentation to a panel of local judges, with one group awarded as the "Social Action Champion." 3. £400 of Dreamscheme money awarded to the winning group for project implementation. 4. Development of employability skills such as conflict resolution, communication, and critical pathway analysis. 5. Fostering positive relationships, personal and social development, raising aspirations, and building resilience through mentorship. 	Sex, relationships and society	<ul style="list-style-type: none"> • Sex and media- Describe how sex, relationships and sexuality are represented in a range of media formats and the possible impact this can have. • Sex: readiness and encounters- Describe the risks and issues people may face when it comes to brief sexual encounters like one-night stands. Describe how one-night stands can be emotionally messy. • Controlling relationships- Describe what goes on in controlling and abusive relationships, the red flags that indicate this and where we can go for help. • Ageism and prejudice- Describe the prejudices faced by older generations in the wider world and the differences of opinion that currently arise between the younger and older generations.
Tier 2/ tier 3 vocabulary	NA	Key Words	Objectification, Aesthetic norms, Body image, 'Beer goggles', Coercion, Controlling relationship, Boomer, Intergenerational conflict, Millennial, Stereotype, Ageism, Discrimination.
Cross curricular links	NA	Cross curricular links	

Career opportunities Employment Links	Employment links via mentors from different companies in Cumbria.	Career opportunities Employment Links	Careers in victim support and policing Careers in equality and diversity- i.e. HR.
	Spring 1		Spring half term 1
Sex, Relationships and Society	<ul style="list-style-type: none"> • Critical Thinking Skill- Describe what critical thinking skills are and why we need them. Critically investigate a social media post. • Free Speech vs Hate Speech (2 hours)- Describe what both free speech and hate speech are, how UK law deals with hate speech and global issues concerning both hate speech and free speech. • Social Justice- Describe what social justice is, the different social justice movements and why we need them as well as why some people criticise them. • Honour'-based violence- Describe different ideas about where 'honour' based violence is coming from and whether it really is down to religious ideas. • Feminism (2 hours)- Correctly identify the benefits that feminism has brought for both males and females and whether we still need feminism today. • Date Rape- Identify how rape and sexual assaults can take place, methods used by rapists and abusers and how we can report them to authorities. 	Health and wellbeing	<ul style="list-style-type: none"> • Climate Change- Identify the effects of climate change and what global warming means in for our environment. Identify why progress is so slow in halting climate change. • Toxic and positive masculinity- Correctly identify the different interpretations of the term masculinity and how toxic masculinity can negatively affect males as well as others around them. • Emotional wellbeing (2 hours)- Describe how different life events and circumstances can affect our mental health and emotional wellbeing through adolescence and adulthood. Describe strategies to manage these. • Drugs, festivals and parties- Correctly identify the different risks young people are more likely to take at parties, festivals and clubs. Describe the potential dangers of these risks. • Sexual Health: STIs- Describe three benefits of being tested as a clinic before embarking upon a new sexual relationship AND three benefits for anyone who has had not used protection and just slept with someone new. Describe how STDs can spread. • Healthy Diets: BMI, obesity, food pyramids and eating well- Describe how we can eat well and monitor our weight to maintain a healthy BMI. Create our own food monitoring chart to assess our over or under-eating of different food groups.
Key Words	Agenda, Scepticism, Bias, Consensus, Proof, Propaganda, Logic, Scrutiny, Free speech, hate speech, Article 10 of the Human Rights Act 1998, Public Order Act 1986, Marginalised groups, the first amendment, Hate crime, Social justice. 'Honour'-based violence, Suffrage, 1918 Representation of the People Act, Women's Liberation Movement, The Female Eunuch, Girl power, Intersectional feminism, date rape, Sexual Assault, Date rape drugs.	Key words	Environment, Climate Change, Masculinity, Toxic masculinity, Patriarchy, Mental health, Ecstasy, Poppers, Laughing gas (nitrous oxide or 'nos'), STIs / STDs, GUM Clinic, Obesity, BMI (Body Mass Index).
Cross curricular links	Religious education- Study of social justice at GCSE and A level. English literature- (study of the handmaid's tale at A level) Science.	Cross curricular links	Health and social care- the body and healthy living. PE- healthy living Biology

Career opportunities Employment Links	Careers in human rights Careers in politics Careers in law. Careers in victim support Careers in the police and forensic psychology Careers in politics and human rights (UNICEF)	career opportunities employment links	Carers in health. Careers in drug and alcohol support. Careers in mental health Careers in psychology and counselling.
	Spring half term 2		Spring half term 2
Health and wellbeing	<ul style="list-style-type: none"> • Cosmetic and Plastic Surgery (2 hours)- Correctly identify the most popular types of cosmetic procedures for males and females and the risks they carry. • Gender and Identity (2 hours)- Describe the difference between gender and sex and how everyone has different variants of sexual orientation, expression, gender and identity. • Miscarriage and unplanned pregnancy (2 hours)- Describe how both unplanned pregnancies and miscarriages can occur, and options available for unplanned pregnancies. Identify where people can go for further advice and support. 	Sex, relationships and society	<ul style="list-style-type: none"> • Culture wars and media influence (2 hours)- Describe opinions on different controversial viewpoints using your own critical thinking skills. Describe how media and social media companies make gains from sharing extreme viewpoints. • Callout culture- Describe how call-out culture can be used positively and negatively and why some people are very concerned about it, whilst others are not. • Cultural appropriation- Correctly identify the meaning of cultural appropriation, examples of this and why cultural appropriation can be offensive. • Tolerating intolerance- Correctly identify a range of views on why intolerance presents a problem in society. • Online subcultures and extremism- Correctly identify a range of internet subcultures, and describe how these can be dangerous or harmless.
Tier 2/ tier 3 vocabulary	Infection, vaccination, zoonotic, pathogen, microbe, class A drug, class B drugs, class C drugs, prescription drugs, relaxation, cortisol, meditation.	Key Words	Cancel culture, Wokeness, Freedom of speech, Cultural Marxism, Identity politics, Cultural appropriation, Outrage culture, Cancel culture, Callout culture, Freedom of speech, Boycott, Moral standard, Dogpiling, Deplatforming, Cultural appropriation, Cultural exchange, Marginalised culture, Culture, Intolerance, Paradox.
Cross curricular links	Science	Cross curricular links	Religious education- culture. IT- Online safety
Career opportunities Employment Links	Careers in mental health Careers in victim and addiction support Careers in nursing and health care	Career opportunities Employment Links	Careers in IT Careers media and journalism
	Summer half term 1		Summer 1
Careers, Finance and Independence	<ul style="list-style-type: none"> • Careers in the core subjects: Maths- describe the key skills and knowledge we gain from studying Maths. • Careers in the core subjects: Science- describe the key skills and knowledge we gain from studying Science. 	Careers, finance and independence	<ul style="list-style-type: none"> • Finance: renting vs buying- Describe the advantages and disadvantages of both renting and buying when it comes to houses and cars. Identify the help that is currently available for young savers.

	<ul style="list-style-type: none"> • Careers in the core subjects; English- describe the key skills and knowledge we gain from studying English. • Writing Personal Statements- Create your own personal statement, for a university course OR as part of a job application for a career of your choice. • Plagiarism- Describe how the lifestyle choices we make can put us more at risk of certain cancers and preventative changes we can make. 		<ul style="list-style-type: none"> • Payday loans- Describe the effect that using payday loans can have on people's lives and the techniques payday loan companies use attract customers. • Pensions and retirement- Identify how much we need to save from various points in our lives in order to have a comfortable retirement. Explain why this is so important.
Key Words	Quantitative reasoning, Analytical thinking, Information retrieval, Listening and observing, Scientific reading, Data representation, Scientific writing, Knowledge presentation, Analytical skills, Critical evaluation skills, Communication skills, Plagiarism, Citing / referencing	Key words	Personal Statements, Personality traits, Mortgage, Payday loans, Interest Rate, APR, Pension, State pension, National Insurance, Defined contribution pension, Defined benefit pension.
Cross curricular links	English Maths Science	Cross curricular links	
Career opportunities Employment Links	Careers in the core subjects, English, maths and science. Preparation for university- referencing.	Career opportunities employment links	Carers in property Careers in finance Careers in council services
	Summer half term 2		
Careers	<ul style="list-style-type: none"> • Employability Skills- Describe the key employability skills we have already demonstrated in school. • Computer Literacy Skills- Describe the key skills and most common computer programs employers are looking for as well as the definition of technological literacy. • Researching Different Jobs (2 hours)- Identify what different jobs entail in a variety of sectors and describe the positives and negatives of these. • Apprenticeships- Identify what the different types of apprenticeships are and the reasons these might suit a lot of different people. 		
Key Words	Employability, Teamwork skills, Technological Literacy, Apprenticeship, Personal Presentation.		
Cross curricular links	All subjects will be discussed during this time. Students will reflect on how subjects studied can benefit them in future employment.		

Career opportunities Employment Links	Careers unit. Students will use Unifrog to support them.		
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